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Os oes angen gwasanaethau cyfieithu neu gopi o'r ddogfen hon arnoch mewn ieithoedd eraill, tâp awdio, Braille, neu brint brasach, siaradwch ag aelod o staff CWP neu e-bostiwrch cwp.info@nhs.net

જો તમને ભાષાંતર સેવાઓની જરૂર હોય અથવા અન્ય ભાષાઓ, ઑડિયો ટેપ, બ્રેઇલ અથવા મોટા અક્ષરોમાં આ દસ્તાવેજની નકલ જોઈતી હોય તો કૃપા કરીને CWP સ્ટાફના સભ્ય સાથે વાત કરો અથવા cwp.info@nhs.net પર ઇ-મેલ કરો

Jeśli wymagane jest tłumaczenie, lub kopia niniejszego dokumentu w innym języku, na kasecie audio, alfabetem Braille'a lub druk większą czcionką, prosimy o skontaktowanie się z członkiem personelu CWP (Organizacja partnerska krajowego systemu zdrowia regionów Cheshire i Wirral) lub przez pocztę elektroniczną: cwp.info@nhs.net

如果您需要翻译服务或者需要该文件的其它版本, 录音磁带, 盲文或大字体, 请和CWP的一位员工提出, 或者发电邮至 cwp.info@nhs.net

यदि आपको अनुवाद सेवाएँ, या इस दस्तावेज़ की प्रति किसी अन्य भाषा, ऑडियो टेप, ब्रैल या बड़े अक्षरों में चाहिए, तो कृपया CPW स्टाफ के सदस्य से बात करें या cwp.info@nhs.net पर ईमेल करें

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Patient information leaflet for a Community trial without catheter (TWOC)

Community Continence &
Urology Service - CCUS

Helping people to be
the best they can be

What is a trial without catheter?

- A trial without catheter is when the catheter (tube) which has been inserted into your bladder is removed to see if you are able to pass urine (wee) normally

When will the catheter be removed?

- A nurse will visit you at home between 0830 and 1000hrs to remove your catheter

What symptoms may I experience after the catheter is removed?

- A slight stinging sensation when you first pass urine
- Occasionally there may be a small amount of light coloured blood in the urine
- You may need to pass urine often at first

What do after the nurse leaves?

- It is advisable you stay at home during the trial although you could leave home for short periods of time should you wish to do so
- You should try to drink 200mls (a mug or large glass) at least every hour
- Please record the amounts of fluid you have drunk and how much urine you have passed (Use a measuring jug) on the fluid input/output chart (separate form)
- You can do normal activities and eat as normal during the trial

If you experience any of the following after your catheter has been removed telephone the Continence & Urology Service on: 0151 488 8230 or 0151 488 8227

- If at any time you feel your bladder is full and you are unable to pass urine
- If you pass blood in your urine
- If you are concerned in any way

What will happen later in the day?

- The nurse will telephone you mid-day to check on your progress
- The nurse will visit you at home between 2.30 & 3.30pm
- The nurse will check your fluid input/output chart and perform a simple bladder scan
- The scan will reveal if you have successfully emptied your bladder after passing urine
- The nurse will inform you if the trial has been successful
- If the nurse decides that the trial without catheter has not been successful you will have a new catheter inserted into your bladder
- If the nurse decides that the results are borderline and the trial should continue you will be given the Community Nursing Evening Service telephone number.

If you experience any of the problems listed above after 5pm telephone the Community Nursing Evening Service on 01244 397452