



<p>If you require translation services or a copy of this document in other languages, audio tape, Braille or larger print, please speak to a member of CWP staff, e-mail info@cwps.nhs.uk or write to: Communications, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.</p>
<p>যদি আপনার ট্রান্সলেশন সার্ভিসের বা এই দলিলের কপি অন্য ভাষায়, অডিও টেইপে, ব্রেইল বা বড় ছাপায় দরকার হয় তবে অনুগ্রহ করে সিডব্লিউপি এর স্টাফদের সাথে কথা বলুন, ইমেইল করার ঠিকানা info@cwps.nhs.uk বা কমিউনিকেশন, চেশায়ার ও উইরাল পার্টনারশীপ এনএইচএস ফাউন্ডেশন ট্রাস্ট, আপটন লী, কাউন্টস অফ চেস্টার হেলথ পার্ক, লিভারপুল রোড, চেস্টার, সিএইচ২ ১ বিকিউ টিকানায়ে লিখুন।</p>
<p>如果您需要翻譯服務或想索取這份文件的其他語文、錄音帶、凸字或大字體版本，請向我們的職員查詢。您亦可以寄電郵至 info@cwps.nhs.uk 或寄信到 Communication, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.</p>
<p>જો તમારે ભાષાંતર સેવાઓ અથવા આ દસ્તાવેજની બીજી ભાષાઓમાં નકલ, ઓડિયો ટેપ, બ્રેઈલ અથવા વિશાળ ફંટની છપાઈની જરૂર હોય, તો કૃપા કરીને સીડબ્લ્યુપી (CWP) ના કર્મચારીઓ સાથે વાત કરો, ઈમેલ કરો: info@cwps.nhs.uk અથવા આ સરનામે લખો: Communication, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.</p>
<p>यदि आपको अनुवाद सेवाएं या इस दस्तावेज की अन्य भाषाओं में नकल, ऑडियो टेप, ब्रेइल लीपि या विशाल आकार में छपाई की आवश्यकता हो, तब कृपया सीडब्ल्यूपी (CWP) कर्मचारियों के साथ बात कीजिये, या ईमेल कीजिये: info@cwps.nhs.uk या इस पते पर लिखिये: Communication, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.</p>
<p>Jeśli wymagane jest tłumaczenie lub kopia niniejszego dokumentu w innych językach, na taśmie magnetofonowej, w języku Braille'a lub dużym drukiem, prosimy o skontaktowanie się z członkiem personelu CWP (Organizacja partnerska krajowego systemu zdrowia regionów Cheshire i Wirral) lub przez pocztę elektroniczną: info@cwps.nhs.uk lub na adres: Communications, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.</p>
<p>Os oes arnoch angen gwasanaeth cyfiethu neu gopi o'r ddogfen hon mewn ieithoedd eraill, tâp sain, Braille neu brint mawr, siaradwch ag aelod o staff CWP, e-bost info@cwps.nhs.uk neu ysgrifennwch i: Communications, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.</p>

Autism Spectrum Disorder Adult Service

What happens at assessment?

Feedback

We welcome any suggestions you have, please send your **comments, concerns, and compliments** to: **PALS**, Trust Board Offices, Redesmere, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.

For more information see www.cwps.nhs.uk

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The information in the leaflet was valid at the date of production **Oct 2017** and is due for review in **Oct 2019**.

Leaflet code: A-ASDWHAA-17-751



What happens at assessment?

Watch our video of a walkthrough of an assessment at these links:



<https://www.youtube.com/watch?v=mseMsgZMUXY>



<https://www.youtube.com/watch?v=-84paXgRWtw>

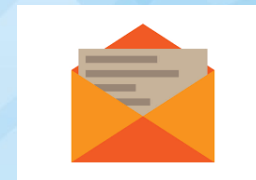
- When we receive a referral, we check it meets our criteria then send you a questionnaire to complete for more information which is helpful to us when we assess you.
- On the day of your assessment, you will be seen at one of our centres (see our website for pictures of our venues). You will tell the receptionist your name and they will ask you to wait in the waiting room.

It is most helpful if you bring to the assessment a person who can act as an informant to provide us with additional information. Ideally this person will know how you were when you were young. If you have no one who can come with you, you can come alone.
- You and your informant will be called in to meet the occupational therapist and psychiatrist. They will tell you about the assessment process.

- Then the psychiatrist will interview you, while the person you brought will be interviewed in another room nearby by the occupational therapist.
- After about half an hour, you will be interviewed by the occupational therapist, while the psychiatrist interviews the person you brought with you. This will last a further half an hour.

The psychiatrist and the occupational therapist will have used your questionnaire responses to plan their questions at the interview. The sessions are based on talking. There is no physical examination or tests.

- If you are unable to bring someone with you, the psychiatrist and occupational therapist will see you together. The psychiatrist will interview you first for half an hour and then the occupational therapist will interview you for a further half an hour.
- After the interviews, we come together into one room. The psychiatrist and occupational therapist will feedback their thoughts and if possible at this time, will give a provisional diagnosis. In some cases additional information may be required. The diagnosis will be provisional at this stage.
- After this a letter will be sent to your GP with a provisional diagnosis and a copy of this letter will be posted to you



- A few weeks after seeing us, you will receive a detailed report. This is a draft report. This is your chance to read the report and see if any corrections are required and to help you plan any questions that you might want to ask about the report findings, conclusions or opinion and how these might help you in managing your future. If you feel you want to change any information or add anything, you should make or add these amendments, ideally in a different coloured pen before your appointment.



- You will be sent a 30 minute follow-up appointment approximately 2 weeks after receiving the report. You should bring your report to this appointment. Any amendments can be discussed. At this appointment we will discuss any diagnosis and if you have been diagnosed with ASD, an information pack of where to obtain some support following diagnosis.

Based upon the information from your assessment we will also discuss with you strategies for building on your strengths and examples of which types of reasonable adjustments might be useful for you. If there are any specific things that we recommend we will discuss these with you. If the assessment outcome is that you haven't got ASD we will explain what is our opinion and give advice and recommendations for that. Following this appointment, as we are a diagnostic service, you will be discharged from our service.

- You will be sent a final report when any changes have been made by the therapist, and a copy will be sent to your GP. If you have been diagnosed with ASD you will also be provided with a one page diagnostic letter.



Information on ASD (autistic spectrum disorder):

<http://www.nhs.uk/Livewell/Autism/Pages/Diagnosisinadults.aspx>

<http://www.nhs.uk/Conditions/Autistic-spectrum-disorder/Pages/Adultswithautism1.aspx>

<http://www.autism.org.uk/about/diagnosis/adults.aspx>