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# **Prayer Room**

The Hospital Prayer Room is situated on the ground floor opposite the Oasis Café. It is open 24/7 for people of all faiths and no faith as a place for quiet reflection. Prayer mats, Bibles and various other Holy Scriptures available on request. There is a prayer request box in the Prayer Room.

#### ALL ARE WELCOME!



The information in the leaflet was valid at the date of production 14/09/20 and is due for review in 14/09/22.

Leaflet code: G-SCCBH-20-830





# Spiritual Care & Chaplaincy provision at Bowmere Hospital

Information Leaflet

Helping people to be the best they can be

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# **What is Spiritual Care?**

Spiritual Care encourages people to look at important issues such as anxiety, guilt, forgiveness, anger, dignity, dependency, self-worth, loneliness, identity, belief and trust.

It also provides people with the opportunity to express their feelings, fears, opinions and questions about inner pain, relationship worries, the meaning of illness.

- Why is this happening?
- Why doesn't God help me?
- Is there anything after this life?
- I am so angry
- I will never be able to forgive myself

These questions and comments, linked with important life issues, are approached carefully and sensitively with each service user as part of their spiritual health care.

It is hoped that service users will be helped to face their problems and difficulties with honesty and integrity, as all feelings need to be recognised and, if possible, brought out into the open.

# What do Chaplains do?

Our Chaplains are available to talk to, or meet with, you, your family, friends, carers and members of staff.

The Hospital's Chaplaincy provision includes:

- A professional and confidential service
- A caring, attentive and accepting presence
- Help and support to encourage inner strength and trust
- A point of contact with the appropriate faith community.

As part of the wider care, Chaplains:

- Acknowledge the right and integrity of every individual
- Treat with respect all religious, ethical and philosophical traditions

Chaplains are available 24/7 and can be contacted on Tel 01244 397354 or in emergency through the switchboard via a member of CWP staff.

(Contacts for leaders of other faiths are available)

# **Members of the Chaplaincy Team**

- Rev John Kingsley (Co-ordinator)
- Rev Beth Gardner (Church of England)
- Nigel Mountford (Free Church)
- Father Jude (Roman Catholic)

#### Who Visits when?

# Tuesday

John or Beth visits around the wards: **2 – 4pm** 

# Wednesday

Father Jude is on call 1 – 5pm and is available to meet with service users.

Holy Communion for Catholics is available on the wards.

# **Thursday**

**Open House at 7pm** with Nigel in the Prayer Room, which includes singing, sharing, discussion and prayer.

# **Sunday**

Holy Communion Service in the Prayer Room at 10am (Led by the Church of England/Free Church Chaplain)

This is an ecumenical service and lasts about 30/35mins to which everyone is invited.