



MERSEYSIDE
POLICE

In partnership with

Mental Health Street Triage

Information leaflet

<p>If you require translation services or a copy of this document in other languages, audio tape, Braille or larger print, please speak to a member of CWP staff, e-mail info@cwps.nhs.uk or write to: Communications, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.</p>
<p>যদি আপনার ট্রান্সলেশন সার্ভিসের বা এই দলিলের কপি অন্য ভাষায়, অডিও টেইপে, ব্রেইল বা বড় ছাপায় দরকার হয় তবে অনুগ্রহ করে সিডব্লিউপি এর স্টাফদের সাথে কথা বলুন, ইমেইল করার ঠিকানা info@cwps.nhs.uk বা কমিউনিকেশন, চেশায়ার ও উইরাল পার্টনারশীপ এনএইচএস ফাউন্ডেশন ট্রাস্ট, আপটন লী, কাউন্টস অফ চেস্টার হেলথ পার্ক, লিভারপুল রোড, চেস্টার, সিএইচ২ ১ বিকিউ ঠিকানায় লিখুন।</p>
<p>如果您需要翻譯服務或想索取這份文件的其他語文、錄音帶、凸字或大字體版本，請向我們的職員查詢。您亦可以寄電郵至 info@cwps.nhs.uk 或寄信到 Communication, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.</p>
<p>જો તમારે ભાષાંતર સેવાઓ અથવા આ દસ્તાવેજની બીજી ભાષાઓમાં નકલ, ઓડિયો ટેપ, બ્રેઇલ અથવા વિચિત્ર ફંટની છપાઈની જરૂર હોય, તો કૃપા કરીને સીડબ્લ્યુપી (CWP) ના કર્મચારીઓ સાથે વાત કરો, ઈમેલ કરો: info@cwps.nhs.uk અથવા આ સરનામે લખો: Communication, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.</p>
<p>यदि आपको अनुवाद सेवाएं या इस दस्तावेज की अन्य भाषाओं में नकल, ऑडियो टेप, ब्रेइल लीपि या विशाल आकार में छपाई की आवश्यकता हो, तब कृपया सीडब्ल्यूपी (CWP) कर्मचारियों के साथ बात कीजिये, या ईमेल कीजिये: info@cwps.nhs.uk या इस पते पर लिखिये: Communication, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.</p>
<p>Jeśli wymagane jest tłumaczenie lub kopia niniejszego dokumentu w innych językach, na taśmie magnetofonowej, w języku Braille'a lub dużym drukiem, prosimy o skontaktowanie się z członkiem personelu CWP (Organizacja partnerska krajowego systemu zdrowia regionów Cheshire i Wirral) lub przez pocztę elektroniczną: info@cwps.nhs.uk lub na adres: Communications, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.</p>
<p>Os oes arnoch angen gwasanaeth cyfiethu neu gopi o'r ddogfen hon mewn ieithoedd eraill, tâp sain, Braille neu brint mawr, siaradwch ag aelod o staff CWP, e-bost info@cwps.nhs.uk neu ysgrifennwch i: Communications, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.</p>

Feedback

We welcome any suggestions you have, please send your **comments, concerns, complaints and compliments** to: PALS, Patient and Carer Experience Team, Trust Headquarters, Redesmere, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.

For more information see www.cwps.nhs.uk

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The information in the leaflet was valid at the date of production **Sept 2017** and is due for review in **Sept 2019**.

Leaflet code: **A-MHSTI-17-743**

Are you in crisis?

If your mental or emotional state quickly gets worse or deteriorates, this can be called a 'mental health crisis. In this situation, it may be important to get help quickly. Contact your GP in the first instance or if this is not possible contact the out of hours GP on 111.

Contact numbers for Mental Health

- Sane Helpline [03003047000](tel:03003047000) (Mental Health helpline 6pm-11pm every evening)
- Campaign Against Living Miserably (CALM) [0800 585858](tel:0800585858)
- Samaritans [0151 708 8888](tel:01517088888)
- Age UK Wirral [0151 482 3456](tel:01514823456)
- Wirral MIND [0151 512 2200](tel:01515122200) information on mental distress, drug and alternative treatments and advocacy.
- Inclusion Matters [0151 649 1859](tel:01516491859)
- Silver line (support for older people) [0800 470 8090](tel:08004708090)
- Anxiety UK helpline [08444775774](tel:08444775774)
- Kooth online support 18-25 year old www.kooth.com

Alcohol and Drugs

- Wirral Ways to Recovery for drug/alcohol [0151 556 1335](tel:01515561335)
- Alcoholics Anonymous [0800 917 7650](tel:08009177650) www.alcoholics-anonymous.org.uk
- FRANK- Alcohol and drug information for young people [0300 123 6600](tel:03001236600)
www.talktofrank.com
- Alcohol concern [0300 123 1110](tel:03001231110) www.alcoholconcern.org.uk
- Narcotics Anonymous [0300 999 1212](tel:03009991212) ukna.org

Support & Counselling

- Tomorrow's Women Wirral Women 18+ [0151 647 7907](tel:01516477907) or [07927 335 655](tel:07927335655)
- Bereavement Advice centre [0800 634 9494](tel:08006349494)
- Blue cross Pet Bereavement Support [0300 777 1897](tel:03007771897)
- Carers UK [0808 808 7777](tel:08088087777)
- CRUSE bereavement Care [0844 477 9400](tel:08444779400)
- Victim Support [0808 168 9111](tel:08081689111) (Officers practical help for people who have experienced trauma)
- Autism Together [0151 334 7510](tel:01513347510)
- Cruise Bereavement Wirral [0151 645 6604](tel:01516456604)
- Wirral Mind Counselling Service [0151 678 5111](tel:01516785111) Ext 3621
- Debt/ financial -Citizens Advice Wirral [0300 33 00 111](tel:03003300111)
www.askuswirral.org.uk
- Depression- Wirral Mind [0151 512 2200](tel:01515122200)
- Gambling- Beacon Counselling Trust [0151 226 0696](tel:01512260696)
- Gender Identity LGBT [0345 330 3030](tel:03453303030)
- HIV Terrance Higgins Trust [0808 802 1221](tel:08088021221)
- Bipolar UK [0333 323 3880](tel:03333233880)
- OCD Action Wirral [0845 390 6232](tel:08453906232)

- Older people Age UK [0300 330 0111](tel:03003300111)
- Survivors of Bereavement by Suicide [0300 111 5065](tel:03001115065)

Homelessness/ housing

- Shelter [0844 515 2315](tel:08445152315)
- Wirral Ark [0151 649 0111](tel:01516490111)
- Wirral Women and Children's aid helpline and hostel access for domestic abuse [0151 643 9766](tel:01516439766)
- Wirral Churches Ark Project [0151 649 0111](tel:01516490111)
- Hesslewell Court Ltd [0151 342 7925](tel:01513427925)

Veterans

- Combat Stress [01952 822 720](tel:01952822720) www.combatstress.org.uk
- Veterans Aid [0800 012 6867](tel:08000126867) www.veterans-aid.net
- PTSD inclusion matters [0151 649 1859](tel:01516491859)
- Anxiety UK [0844 775 774](tel:0844775774)

Relationship/ Domestic Violence

- Wirral Women's & children aid [0151 643 9766](tel:01516439766)
- Worst Kept Secret [0800 028 3398](tel:08000283398)
- British Association of Anger Management [0345 130 0286](tel:03451300286)
- Men's Advice Line [0808 801 0327](tel:08088010327)

Care plan if you were seen today

If you were seen today by the street Triage Team this was due to concerns for your mental Health.

The agreed Plan from your assessment conducted today is as follows:

Confidentiality

If you have agreed to an assessment and relevant information sharing as explained to you then your GP will receive a copy of your care plan. Information held by the service is treated in accordance with Cheshire and Wirral Partnership NHS Foundation Trust confidentiality policy available at: www.cwp.nhs.uk.
Your information will also be held by Merseyside Police.