People who access our services are welcome to talk to the Team Manager if they are experiencing any problems with their care.

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Feedback

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Assessment Information

What to expect at your assessment

Care • Well-being • Partnership

Introduction

You have been referred for an assessment of your current mental health needs. This assessment will be undertaken by a registered practitioner. It will be conducted at our Resource Centre, although in some circumstances we can conduct this in your own home.

There may be occasions when we request that a student may be in attendance although we will gain your consent prior to this happening.

Purpose

The purpose of the assessment is to gather information which relates to your current needs, to help us formulate an appropriate plan of action to support you and best meet your needs and to assist in your recovery.

Content

During the course of the assessment which can take approximately one hour you will be asked questions covering the following areas:

- Presenting problems
- History of presenting problem/complaint
- Previous involvement with services
- Anything you feel is significant from your past, including any possible abuse issues
- Other agencies involved in your care
- Family history including mental health conditions, physical health complaints, parental/carer responsibilities (including details of children's date of birth, school and GP)
- Current prescription medications- it is always useful to bring a list of these if you have one
- Any known drug allergies
- History of drug or alcohol abuse
- · Any physical health difficulties
- Social history which includes family support network
- Social network

- Housing needs
- Employment needs
- Financial Needs

Additionally we would ask that you complete and tear off the information slip on your accompanying letter and bring it along to your assessment.

All information gathered during the assessment will be kept confidential and will only be shared with other mental health professionals within the team – unless there are safeguarding risks to other people.

If at any time we need to disclose information outside of our services we will inform you of this beforehand if it is appropriate.

Contact Us

If you have any questions before your assessment please feel free to contact the relevant team whose contact details will be shown at the top of your accompanying letter.

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