



<p>If you require translation services or a copy of this document in other languages, audio tape, Braille or larger print, please speak to a member of CWP staff, e-mail info@cwps.nhs.uk or write to: Communications, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.</p>
<p>যদি আপনার ট্রান্সলেশন সার্ভিসের বা এই দলিলের কপি অন্য ভাষায়, অডিও টেইপে, ব্রেইল বা বড় ছাপায় দরকার হয় তবে অনুগ্রহ করে সিউলিউপি এর স্টাফদের সাথে কথা বলুন, ইমেইল করার ঠিকানা info@cwps.nhs.uk বা কমিউনিকেশন, চেশায়ার ও উইরাল পার্টনারশীপ এনএইচএস ফাউন্ডেশন ট্রাস্ট, আপটন লী, কাউন্টস অফ চেস্টার হেলথ পার্ক, লিভারপুল রোড, চেস্টার, সিএইচ২ ১ বিকিউ ঠিকানায় লিখুন।</p>
<p>如果您需要翻譯服務或想索取這份文件的其他語文、錄音帶、凸字或大字體版本，請向我們的職員查詢。您亦可以寄電郵至 info@cwps.nhs.uk 或寄信到 Communication, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.</p>
<p>જો તમારે ભાષાંતર સેવાઓ અથવા આ દસ્તાવેજની બીજી ભાષાઓમાં નકલ, ઓડિયો ટેપ, બ્રેઇલ અથવા વિચિત્ર ફંટની છપાઈની જરૂર હોય, તો કૃપા કરીને સીડબ્લ્યુપી (CWP) ના કર્મચારીઓ સાથે વાત કરો, ઇમેઇલ કરો: info@cwps.nhs.uk અથવા આ સરનામે લખો: Communication, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.</p>
<p>यदि आपको अनुवाद सेवाएं या इस दस्तावेज की अन्य भाषाओं में नकल, ऑडियो टेप, ब्रेइल लीपि या विशाल आकार में छपाई की आवश्यकता हो, तब कृपया सीडब्ल्यूपी (CWP) कर्मचारियों के साथ बात कीजिये, या ईमेल कीजिये: info@cwps.nhs.uk या इस पते पर लिखिये: Communication, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.</p>
<p>Jeśli wymagane jest tłumaczenie lub kopia niniejszego dokumentu w innych językach, na taśmie magnetofonowej, w języku Braille'a lub dużym drukiem, prosimy o skontaktowanie się z członkiem personelu CWP (Organizacja partnerska krajowego systemu zdrowia regionów Cheshire i Wirral) lub przez pocztę elektroniczną: info@cwps.nhs.uk lub na adres: Communications, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.</p>
<p>Os oes arnoch angen gwasanaeth cyfiethu neu gopi o'r ddogfen hon mewn ieithoedd eraill, tâp sain, Braille neu brint mawr, siaradwch ag aelod o staff CWP, e-bost info@cwps.nhs.uk neu ysgrifennwch i: Communications, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.</p>

Feedback

We welcome any suggestions you have, please send your **comments, concerns, and compliments** to: **PALS**, Trust Headquarters Redesmere, Countess of Chester Health Park, Liverpool Road, Chester CH2 1BQ.

For more information see www.cwps.nhs.uk

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Home Oxygen Assessment and Review

Home Oxygen Assessment Team
Respiratory OPD 3
Countess of Chester Hospital
Liverpool Road
Chester
CH2 1UL

Telephone: 01244 362541

What is the Home Oxygen Assessment Team?

The Home Oxygen Assessment Team consists of specialist nurses who assess and review patients who may need oxygen, or already have oxygen therapy at home. The team will ensure that oxygen therapy is the correct treatment for you.

The team provides a service which combines outpatient appointments and home visits to ensure continued support and safety. This is recommended by the Department of Health and the British Thoracic Society.

Why do I need Home Oxygen?

Oxygen therapy is only usually prescribed if you've been found to have low levels of oxygen in your blood or it is shown that your oxygen levels drop during periods of exertion.

It is important to remember that oxygen is a prescribed drug and is not an effective way to treat symptoms of breathlessness. Long term oxygen therapy is prescribed to help the body's major organs such as heart and brain to work normally. It is not prescribed to help your breathing.

Can I have too much oxygen?

It is difficult to know whether you are getting enough oxygen as it is not necessarily related to breathlessness. The correct flow rate will be prescribed by a specialist following an assessment. This may change over time so you will need to be reviewed on a regular basis.

It is possible to have too much oxygen. This may be because you have altered your flow rate or if you have a chest infection. Please contact the Home Oxygen Assessment Team or your GP immediately if you suffer from any of the following symptoms whilst on oxygen.

- Feeling drowsy, sleepy or muddled.
- Develop regular headaches. Especially in the morning.

- Experience hallucinations or confusion.

What else should I be aware of?

The service hours are 09:00am until 16:30pm Monday to Friday.

Please notify the team if you have commenced antibiotics and or steroid tablets for a flare up of your chest condition up to 8 weeks' prior to assessment as we are only able to assess your oxygen levels if you are well. If you are on antibiotics most of the time please contact the team for advice.

If you meet criteria for home oxygen therapy it is a requirement to remain under the care of the Home Oxygen Assessment Team. This is to maintain your safety and ensure your treatment is appropriate. We may consider the full removal of your oxygen therapy in certain situations or if you do not attend oxygen appointments.

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Smoking, the use of electronic cigarettes or naked flames presents a significant fire risk if used in conjunction with oxygen therapy.

Contact details for the team and other services:

Oxygen Assessment Team

- 01244 362541
- 01244 365000 – Bleep 2740

Oxygen Supplier North West

- Air Liquide – 0808 143 9991
- Electricity Payment – 0800 781 9939

Oxygen Supplier North Wales

- Bay Water – 0800 373 580
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Fire & Rescue – Home Safety Checks

- 0800 389 0053