Contact details

To make bookings for mental health awareness training, group consultation, and facilitated reflection please email the Emotionally Healthy Schools Links Team on:

Emotionally.HealthySchools@cwp.nhs.uk

Tel: 01625 508517

If you require translation services or a copy of this document in other languages, audio tape, Braille or larger print, please speak to a member of CWP staff, e-mail info@cwp.nhs.uk or write to: Communications, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.

যদি আপনার ট্রান্সলেশন সার্ভিসের বা এই দলিলের কপি অন্য ভাষায়, অডিও টেইপে, ব্রেইল বা বড় ছাপায় দরকার হয় তবে অনুগ্রহ করে সিডব্লিউপি এর স্টাফদের সাথে কথা বলুন, ইমেইল করার ঠিকানা info@cwp.nhs.uk বা কমিউনিকেশন, চেশায়ার ও উইরাল পার্টনারশীপ এনএইচএস ফাউন্ডেশন ট্রান্টট, আপটন লী, কাউন্টেস অফ চেপ্টার হেলথ পার্ক, লিভারপুল রোড, চেপ্টার, সিএইচ২ ১ বিকিউ ঠিকানায় লিখুন।

如果您需要翻譯服務或想索取這份文件的其他語文、錄音帶、凸字或大字體版本,請向我們的職員查詢。您亦可以零電郵至 info@cwp.nhs.uk 或零信到 Communication, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.

જો તમારે ભાષાંતર સેવાઓ અથવા આ દસ્તાવેજની બીજી ભાષાઓમાં નકલ, ઓડિયો ટેપ, બ્રેઇલ અથવા વિશાળ કદની છપાઇની જરૂર હોય, તો કૃપા કરીને સીડબ્લ્યુપી (CWP) ના કર્મચારીઓ સાથે વાત કરો, ઇમેલ કરોઃ info@cwp.nhs.uk અથવા આ સરનામે લખોઃ Communication, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.

यदि आपको अनुवाद सेवाएं या इस दस्तावेज की अन्य भाषाओं में नक्ल, ओडियो टेप, ब्रेइल लीपि या विशाल आकार में छपाई की आवश्यकता हो, तब कृपया सीडब्ल्युपी (CWP) कर्मचारीयों के साथ बात किजीये, या ईमेल किजीयेः info@cwp.nhs.uk या इस पते पर लिखियेः Communication, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.

Jeśli wymagane jest tłumaczenie lub kopia niniejszego dokumentu w innych językach, na taśmie magnetofonowej, w języku Braille'a lub dużym drukiem, prosimy o skontaktowanie się z członkiem personelu CWP (Organizacja partnerska krajowego systemu zdrowia regionów Cheshire i Wirral) lub przez pocztę elektroniczną: info@cwp.nhs.uk lub na adres: Communications, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.

Os oes arnoch angen gwasanaeth cyfiethu neu gopi o'r ddogfen hon mewn ieithoedd eraill, tâp sain, Braille neu brint mawr, siaradwch ag aelod o staff CWP, e-bost <u>info@cwp.nhs.uk</u> neu ysgrifennwch i: Communications, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.

Feedback

We welcome any suggestions you have, please send your comments, concerns, complaints and compliments to: Cheshire and Wirral Partnership NHS Foundation Trust, PALS, Complaints and Claims Team, 1829 Building, Liverpool Road, Chester, CH2 1HJ.

For more information see www.cwp.nhs.uk
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Emotionally Healthy Schools Links Team

Cheshire East

Care • Well-being • Partnership

Introduction

Emotionally Healthy Schools Programme was developed around the framework which was published in "Promoting children and young people's emotional health and wellbeing. A whole school and college approach" (Public Health England/ Children and Young People's Mental Health Coalition, March 2015).

Funded by Local Authority Cheshire East Council, the project seeks to improve pathways across young person's services, improve capacity in schools to respond appropriately to emotional and mental health needs, continue to develop a shared language around mental health and improve links between education and mental health providers.







Our offer

The Emotionally Healthy Schools Links service from Cheshire and Wirral Partnership NHS Foundation Trust and Just Drop In offers the following service to all Cheshire East Schools:

- Mental Health Awareness Training

 Cluster based training built around the MindEd online learning modules.
 Staff are directed to complete four core modules then attend the training sessions which support embedding learning into practice, with resources to help respond to specific mental health difficulties.
- Mental Health Service Consultation

 A cluster based offer of consultation with an EHS links Primary Mental Health Worker. Schools identify children where there is cause for concern and prioritise those for consultation. Advice is given on the most appropriate pathway.
- 3. **Group Facilitated Reflection** A cluster based group where staff can reflect on their practice, share good practice, and embed learning into working with children and young people. A focus on specific themes relating to practice and explore improved ways of working ensure a supportive environment.

Meet the team



This will be delivered by a team including one clinical lead, three Primary Mental Health Workers and a team administrator.

We will work closely with Child and Adolescent Mental Health Services (CAMHS), capturing the voice of the child by meaningful engagement with existing groups such as CWP's Young Advisors, Just Drop In V-Team and Participation Groups, and the plentiful student voice groups within schools across East Cheshire education.