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## Early Intervention Team

### Information for Carers

The information in the leaflet was valid at the date of production Sept 2020 and is due for review in Sept 2022

Leaflet code: A-EIIFC-20-488



Helping people to be  
the best they can be

## Carer's Assessment

Individuals who provide regular and substantial care for a person on enhanced levels of care will:

- Be offered an assessment of their caring, physical and mental health needs. This is repeated on an annual basis. This can be provided by the care coordinator, carer link, or Making Space
- A referral to Making Space can be offered
- Have their own written care plan which is given to them and implemented in discussion with them.

## Confidentiality

Confidentiality affects everyone. The Trust and staff have a responsibility for personal data. Any information you provide will be treated in confidence.

Some service users will request information about themselves to be withheld from relatives, carers and friends. This decision should be respected.

Staff will always get permission from a service user before any information about them is given out.

## The role of the Care Co-ordinator

The care co-ordinator is a qualified mental health practitioner who offers support to service users and their relatives and/or carers.

## Family Work

Family work is a type of practical support, which aims to help families cope with the difficulties they face on a day-to-day basis. It involves a number of sessions where a family worker works together with a family to try to tackle any problems the family is facing.

## Carer's Education & Support Group

This is a regular meeting run by early intervention workers. The purpose of the group is to provide information about psychosis and the process of recovery. The meeting is also an opportunity to meet with other carers.

## Outpatient reviews

Your relative/friend will be offered an appointment with the early intervention team psychiatrist annually or when necessary, depending on their needs. These appointments may be more frequent if needed.

## West Cheshire Early Intervention Team

Cherrybank Resource Centre  
85 Wellington Road  
Ellesmere Port  
Cheshire  
CH65 0BY

**Tel:** 0151 488 8381

**Fax:** 0151 488 8383

## East Cheshire Early Intervention Team

Congleton Library  
Market Street  
Congleton  
Cheshire  
CW12 1BU

**Tel:** 01260 292929

**Fax:** 01260 292941

## Wirral Early Intervention Team

Stein Centre  
St Catherine's Hospital  
Derby Road  
Birkenhead  
Wirral  
CH42 0LQ

**Tel:** 0151 488 8213

**Fax:** 0151 488 8281

The teams are available from 9am until 5pm, Monday to Friday (not including bank holidays).