

Contact details for the team

East Cheshire Early Intervention Team

Congleton Library
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CW12 1BU

Tel: 01260 292929
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Opening hours

The team is available from 9am until 5pm,
Monday to Friday (not including bank
holidays).

Website: openminded.org.uk



People who access our services are welcome to talk to the Team Manager if they are experiencing any problems with their care.

<p>If you require translation services or a copy of this document in other languages, audio tape, Braille or larger print, please speak to a member of CWP staff, e-mail info@cwps.nhs.uk or write to: Communications, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.</p>
<p>যদি আপনার ট্রান্সলেশন সার্ভিসের বা এই দলিলের কপি অন্য ভাষায়, অডিও টেপে, ব্রেইল বা বড় ছাপায় দরকার হয় তবে অনুগ্রহ করে সিডব্লিউপি এর স্টাফদের সাথে কথা বলুন, ইমেইল করার ঠিকানা info@cwps.nhs.uk বা কমিউনিকেশন, চেশায়ার ও উইরাল পার্টনারশীপ এনএইচএস ফাউন্ডেশন ট্রাস্ট, আপটন লী, কাউন্টেস অফ চেস্টার হেলথ পার্ক, লিভারপুল রোড, চেস্টার, সিএইচ২ ১ বিকিউ ঠিকানায় লিখুন।</p>
<p>如果您需要翻譯服務或想索取這份文件的其他語文、錄音帶、凸字或大字體版本，請向我們的職員查詢。您亦可以寄電郵至 info@cwps.nhs.uk 或寄信到 Communication, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.</p>
<p>ওই সময়ই আমাদের সেবায় অথবা আ চেস্টার-ইউইরাল পার্টনারশীপ এনএইচএস ফাউন্ডেশন ট্রাস্টের সাথে যোগাযোগ করুন। আমাদের ঠিকানা: info@cwps.nhs.uk অথবা আ চেস্টার-ইউইরাল পার্টনারশীপ এনএইচএস ফাউন্ডেশন ট্রাস্ট, আপটন লী, কাউন্টেস অফ চেস্টার হেলথ পার্ক, লিভারপুল রোড, চেস্টার, সিএইচ২ ১ বিকিউ।</p>
<p>यदि आपको अनुवाद सेवाएं या इस दस्तावेज की अन्य भाषाओं में नकल, ऑडियो टेप, ब्रेइल लिपि या विशाल आकार में छपाई की आवश्यकता हो, तब कृपया सीडब्ल्यूपी (CWP) कर्मचारीयों के साथ बात कीजिये, या ईमेल कीजिये: info@cwps.nhs.uk या इस पते पर लिखिये: Communication, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.</p>
<p>Jeśli wymagane jest tłumaczenie lub kopia niniejszego dokumentu w innych językach, na taśmie magnetofonowej, w języku Braille'a lub dużym drukiem, prosimy o skontaktowanie się z członkiem personelu CWP (Organizacja partnerska krajowego systemu zdrowia regionów Cheshire i Wirral) lub przez pocztę elektroniczną: info@cwps.nhs.uk lub na adres: Communications, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.</p>
<p>Os oes arnoch angen gwasanaeth cyfiethu neu gopi o'r ddogfen hon mewn ieithoedd eraill, tâp sain, Braille neu brint mawr, siaradwch ag aelod o staff CWP, e-bost info@cwps.nhs.uk neu ysgrifennwch i: Communications, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.</p>

Feedback

We welcome any suggestions you have, please send your **comments, concerns, complaints and compliments** to: **The Patient Experience Team**, Trust Board Offices, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.

For more information see www.cwps.nhs.uk

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Cheshire and Wirral Partnership 
NHS Foundation Trust

East Cheshire Early Intervention Team

Serving people aged 14 to 35 and their families in the East Cheshire and Vale Royal area, who are suspected of having or experiencing psychosis for the first time

Care • Well-being • Partnership

Introduction

The East Cheshire Early Intervention Team offers support and treatment to people aged 14 to 35 who are suspected of, or experiencing a psychosis for the first time.

The team is multi-disciplinary and is staffed by a consultant psychiatrist, community mental health nurses, a cognitive behavioural therapist, support workers and an exercise referral specialist.

What is psychosis?

- A psychosis is an illness of the mind when somebody's experience of reality is different from other people and has lasted more than one week.
- Psychosis can happen to anyone and it affects 1 in every 100 people.
- The earlier people seek help, the quicker they recover.
- A psychotic illness can be triggered by stress and drug use.
- If drug use continues, recovery can take longer to be achieved.

What the team can offer

- An improved prognosis and recovery by the detection, assessment and treatment of an individual during the initial part of the illness.
- Help people understand their experiences by listening to them.
- Give information about psychosis and treatments.
- Advice about medication.
- Advice and signposting with finances, housing, education and employment.
- Support carers, relatives and friends.
- Prevent relapse and the need for hospital admission.
- Provide support for up to 5 years.
- Raise awareness and reduce stigma.
- Promote and encourage social activities.

Making a referral

Referrals can be made by statutory services e.g. GP's, primary care mental health teams, community mental health teams and liaison teams based in A&E departments.

Referrals will also be accepted from non-statutory services e.g. school nurses, housing associations, hostels and voluntary services. This can include self referrals and referrals from families.

Referral letters can be faxed to the team or information can be taken over the telephone.

Once accepted by the team a care co-ordinator who is best suited to the persons needs will be allocated.

Visits can take place at home, the team office, resource centres or in a neutral venue i.e. GP surgery.

Changing your Key Worker

Service users have the option of changing their Key Worker if they so wish. Ask to speak to the Team Manager for further information.