



Sister Nancy with the management team at CWP during her visit to the UK.

## Getting Involved

There are two ways to get involved with the project:

1. Get involved with one of the work streams
2. Support fundraising by making a donation or organising a fundraising event

All funds will support staff involvement, training and in taking forward the three work streams.

If you would like to get involved in this project or help raise funds, please contact CWP project lead, director of nursing, therapies Avril Devaney on 01244 397374 or email [avril.devaney@cwps.nhs.uk](mailto:avril.devaney@cwps.nhs.uk).

If you require translation services or a copy of this document in other languages, audio tape, Braille or larger print, please speak to a member of CWP staff, e-mail [info@cwps.nhs.uk](mailto:info@cwps.nhs.uk) or write to: Communications, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.

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如果您需要翻譯服務或想索取這份文件的其他語文、錄音帶、凸字或大字體版本，請向我們的職員查詢。您亦可以寄電郵至 [info@cwps.nhs.uk](mailto:info@cwps.nhs.uk) 或寄信到 Communication, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.

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## Feedback

We welcome any suggestions you have, please send your **comments, concerns, complaints and compliments** to: Cheshire & Wirral Partnership NHS Foundation Trust, **PALS, Complaints and Claims Team**, 1829 Building, Liverpool Road, Chester, CH2 1HJ.

For more information see [www.cwps.nhs.uk](http://www.cwps.nhs.uk)

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## CWP & Kisiizi Hospital Link



*“Life in all its fullness”*

## Introduction

Situated in a remote area in South West Uganda, Kisiizi is a one hour drive away from the nearest tarmac road.



View of Kisiizi from the hill top.

The Kisiizi Hospital is a 235 bed hospital, run by the Church of Uganda and is reliant on Government, patients' contributions and private donations for its funding.

The hospital serves a rural population of over 250,000 and has one mental health ward, an outpatient department, a surgical ward and operating theatre suite, a maternity department, a children's ward, and medical and isolation wards.

## Mental health facilities

The mental health ward is in the centre of the hospital, an open 25 bedded ward caring for all ages, both genders and all mental health conditions.

The ward consists of a small office (also used for outpatient clinics), one open and one small dormitory and a seclusion room that is used when people are in an 'excited' phase of their illness. The dayroom is the outside area behind the ward. The mental health staff see outpatients

for follow up and hold monthly outreach clinics at two health centres.

## How the project began

CWP, a specialist provider of mental health services in the North West of England, was introduced to Kisiizi Hospital by the Countess of Chester Hospital NHS Foundation Trust, who have a link focused on physical healthcare. Through their partnership with Kisiizi they identified the need for a link with mental health services.

The project began with a scoping visit by three CWP representatives: Avril Devaney, director of nursing and therapies, Linda Shuttleworth, clinical psychologist and Maureen Wilkinson consultant psychiatrist to assess what was required by the hospital's mental health services, how the two organisations might work together and how they might learn from each other.

The clinical officer for mental health services at Kisiizi, Sister Nancy Mwebesa, then visited CWP in November 2010 to further develop links with the Trust.



Kisiizi Hospital mental health ward.



Avril, Linda and Maureen with the management team at Kisiizi Hospital during the scoping visit.

## Working together

We have now agreed the following three work streams:

- 1. Strengthening interventions** in the care of patients with acute mental illness on the ward and building capacity for psychological interventions and occupational therapy
- 2. Improving mental health services** for patients in the wider hospital who have mental health needs that either cause or impact their physical health
- 3. Strengthening the provision** of community mental health care, mental health promotion and to challenge the stigma around mental health in local communities.