

We are not a crisis service.
For immediate safeguarding concerns contact an appropriate emergency service or Children's Social Care.

Getting advice

Professionals or family member(s) / carer(s) concerned about the mental health of a CYP please call:

01606 555120

(Between 13:00 & 17:00 Mon-Fri, exc. BHs)
Referrals made by email **ONLY** (by professionals)

Making a referral

Professionals working with a CYP and their family / carer(s) can initially discuss a potential referral by calling the advice line, and (if required) then make a referral via:

cwp.wellbeinghubadmin@nhs.net
(professionals only email address)

Available for children and young people (CYP) registered with a GP in the South Cheshire and Vale Royal areas.



If you require translation services or a copy of this document in other languages, audio tape, Braille or larger print, please speak to a member of CWP staff or e-mail cwp.info@nhs.net

www.mycamhschoices.org

“FAQs about Child & Adolescent Mental Health Services (CAMHS) answered by young people and CAMHS professionals”

www.youngminds.org.uk

“Young Minds offers information for children and young people, parents/carers and professionals about CAMHS, how to look after yourself and what to do if you're worried about a young person. It also includes a CAMHS glossary and a who's who in CAMHS”

www.time-to-change.org.uk

“Time to Change offers information and advice for young people and parents/carers about mental health and how to support someone who is struggling”

Feedback

We welcome any suggestions you have, please send your comments, concerns and compliments to:

PALS, Patient and Carer Experience Team,
Trust Headquarters, Redesmere,
Countess of Chester Health Park,
Liverpool Road, Chester, CH2 1BQ.

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Cheshire and Wirral
Partnership
NHS Foundation Trust

Introducing

The Children & Young People's Wellbeing Hub

Helping people to be
the best they can be

Getting Advice

Calling the advice line

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(Between 13:00 & 17:00 Mon-Fri, exc. BHs)

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Things to consider

“Potentially, would a specialist mental health service be helpful?”

“What could current professionals and also family members / carers do alongside a CYP to support them?”

“How could difficulties be best understood for the CYP?”

“What resources may be helpful?”

Vale Royal

South Cheshire

Line Open
13:00 - 17:00

Monday to Friday
Excl. Bank Hols.



“Encouraging people to thrive by ensuring appropriate access and signposting to mental wellbeing help & support”

Requesting Support

Making a referral

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Professionals may include:

- Health Care Professionals
- Social Care Professionals
- Education Professionals

Call us on
01606 555120

Professionals
can email us on:
cwp.wellbeinghubadmin@nhs.net