

WHO IS IMPORTANT TO ME?

.....

When I am sad they help me by:

They can be contacted on the following number/s:

.....

.....

ANYTHING ELSE I WANT TO SAY

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People who access our services are welcome to talk to the Team Manager if they are experiencing any problems with their care.

Feedback

We welcome any suggestions you have, please send your comments, concerns, complaints and compliments to: PALS, complaints and incidents team, Cheshire and Wirral Partnership NHS Foundation Trust, Redesmere, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ

The information in the leaflet was valid at the date of production June 2018 and is due for review in June 2020

Leaflet code: D-ROSCP-15-664

(NAME)'s Care Plan
0—15



What I will find in my care plan:

- 'A bit about me'
- My treatment options
- Who is important to me
- Anything else I want to say

Designed and created by West Cheshire 0-16 CAMHS

PPI Group 2015



Cheshire and Wirral Partnership **NHS**
NHS Foundation Trust

A BIT ABOUT ME...

NAME:

TREATMENT DOs and DON'Ts :

DATE OF BIRTH:

•

Gender and Age of person giving my treatment

HEALTH CONDITION:

•

If possible, I would prefer:

•

MALE/FEMALE

CONSENT:

YOUNGER/OLDER

I know that you may need to speak to my parents/carers but please can you ask them to understand that I may not want to talk about what I have done straight away.

Things that you may need to know about me which I do not wish to discuss.

however I know you may not be able to accommodate this.

•

Any allergies I have to anything that may affect my treatment:

•

•

HOW BEST TO SUPPORT ME

I would appreciate this care if I were to harm myself:

Please do not ask me the following questions as they would make me feel uncomfortable or worse.

What my usual pain relief is:

Please try to understand that I may be upset and distressed.

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I would appreciate if you would not judge me or patronise me.

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