

Cheshire and Wirral Partnership



NHS Foundation Trust

Information about Valproate



This is an easy way to say.....Val-pro-ate

What is Valproate?

	Valproate is a medication that will help stop your
	seizures if you have epilepsy.
1 Partie	Valproate can also help you with mood problems
Epilim CHIONO' 300	Valproate can sometimes be called different names like:
Enclude the second seco	Sodium Valproate
A Dates	• Epilim
	Depakote
	Convulex.
	It is important to carry on taking medication with the
	same name
	Valproate can be taken as tablets or liquid medicine

Where do I get Valproate?

	You can only get this medication with a prescription
	The doctor or consultant:
	 Will ask you questions about your health
	 May also check your blood pressure
	 Will ask you if you are taking other medication
	 Will tell you if you need to have a blood test
	 May check your weight

How do I take Valproate?



The doctor will talk to you about how much Valproate you need to take.

The doctor will tell you how to take your Valproate.

You need to take Valproate for some time so that it works best.

You will usually take Valproate in the morning and in the evening or sometimes once a day

If you forget to take your medication you must tell your carer and ask your doctor for advice.

You should not stop taking your medication suddenly as this could make you feel unwell



What is good about Valproate?

Valproate can help if you have epilepsy and lots of seizures Valproate can help with mood problems
Valproate also helps you to stop feeling angry or tense

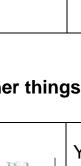


What is not good about Valproate?



What other things do I need to talk to the doctor about?

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The information in this easy read leaflet should always be discussed with the service user and it should not be provided without support.

The full information sheet about Valproate medication should also be given to the service user, carers and staff.

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