

Information about Paroxetine

This is an easy way to say...Par...ox...e...teen



Paroxetine is a medication that will help if you have depression and obsessive compulsive disorder. It is also used to help people with anxiety and panic attacks

Paroxetine can sometimes be called a different name like **Seroxat.**

Paroxetine can be taken as tablets or liquid medicine.

What is Paroxetine?

Where do I get Paroxetine?



You can only get this medication with a prescription.

The doctor or consultant

- Will ask you questions about your health
- May also check your blood pressure
- Will ask you if you are taking other medication

How do I take Paroxetine?



The doctor will talk to you about how much Paroxetine you need to take.

The doctor will tell you how to take your Paroxetine. You need to take Paroxetine for some time so that it works best.



You will usually take Paroxetine in the morning



If you forget to take your medication you must tell your carer and ask your doctor for advice.



You should not stop taking your medication suddenly as this could make you feel unwell.



What is good about Paroxetine?



Paroxetine can help depression and obsessive compulsive disorder.

It is also used to help people with anxiety and panic attacks.

Paroxetine can help you get better quicker.

Paroxetine also helps you to stop feeling anxious or tense.



What is not good about Paroxetine?



There are some health problems that people can get when they take Paroxetine.

These problems are called **side effects** but not everyone gets them.

- Feeling sick
- Problems sleeping
- Have the runs
- Constipation
- Headache
- Feel anxious and restless but this will get better in a few days.

You should eat a healthy diet and drink more water or fruit juice.

Usually these side effects go away after a few weeks.

You will need to speak to your doctor if you:

- Have a rash on your skin
- Lose interest in sex
- Not feel like eating
- Lose or put on weight
- Feel like hurting yourself or others
- Feel unwell

What other things do I need to talk to the doctor about?



You should talk to your doctor if

- You are worried about your medication
- You want to know how much alcohol is safe to drink when taking medication
- You are planning to have a baby

The information in this easy read leaflet should always be discussed with the service user and it should not be provided without support.

The full information sheet about Paroxetine medication should also be given to the service user, carers and staff.

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