

ADMISSION TO ALDERLEY UNIT FOR TREATMENT

(Section 37 and 41 of the Mental Health Act 1983)

Your name	
The person in charge of your treatment	
Date section 37 and 41 began	

Why am I in Alderley Unit?



You are in Alderley Unit under section 37 of the Mental Health Act 1983.

This is called a hospital order.



It means that 2 doctors have told the court that they think that you have a mental disorder and that you need to be in Alderley Unit to get treatment and care.

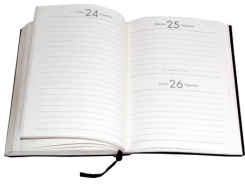
The court has also given you a restriction order under section 41 of the mental health act.

What is a restriction order?

You cannot leave Alderley Unit unless the Ministry of Justice or a Tribunal says you can leave.

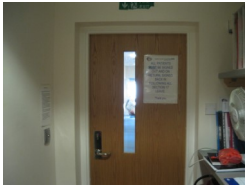
You must have an examination every year and this is sent to the Ministry of Justice.

How long will I be in Alderley Unit?



The person in charge of your care will tell you when they think you are well enough to leave Alderley Unit.

The person in charge of your care will then ask the ministry of justice to say you can leave.



If you want to have any time off the unit the person in charge of your care must ask the ministry of justice for permission.

What treatment will I be given?



The staff looking after you will talk to you about any treatment they think you need.

After 3 months you can say if you do not want medicine or drugs.

A doctor from another hospital will visit you and talk to you and the staff at the Alderley Unit.



The doctor from another hospital will decide what medicine and drugs you can be given.

What if I want to leave Alderley Unit?



You can ask the court to look at your case again.

You must do this quickly and it is best to ask a solicitor to help you.

Ask staff and they will give you more information.

Staff can give you names of solicitors who can help you.

You can also ask the staff to help you write to the Hospital Managers at :

Cheshire and Wirral Partnership NHS Trust

Mental Health Act Team

Redesmere

Countess of Chester Health Park

Liverpool Road

Chester



After 6 months you and your nearest relative can ask the tribunal to say that you can leave Alderley Unit.

The name of your nearest relative is on page 4 of this leaflet.

What is the Tribunal?



The tribunal is an independent group of people. They decide if you should be allowed to leave Alderley Unit.

They will have a meeting with you and staff from Alderley Unit.

If you want to apply to the Tribunal you can write to:

The Tribunals Service

PO BOX 8793

5th Floor

Leicester

LE1 8BN

Tel: 0845 2232022

You can ask a solicitor to write to the Tribunal for you and help you.

The staff can give you the names of solicitors who can help you.



Letting your nearest relative know



Your nearest relative will be informed that you are in Alderley Unit on a section 37.

We have been told your nearest relative is:

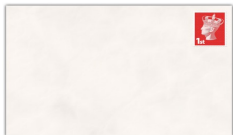
If you do not want this person to receive a copy of this leaflet, please tell your nurse or another member of staff.

Changing your nearest relative



You may not want this person to be your nearest relative. You can ask the court to change your nearest relative. You can ask staff to help you.

Your letters



You will get all letters sent to you.

You can send letters to other people unless they do not want a letter from you.

How do I complain?



We have a leaflet that tells you how to make a complaint.

Staff will give you a copy of the leaflet.

Further help and information

If there is anything you do not understand about your care or treatment a member of staff will try to help you.

You can also get help from a **mental health advocate**.

An advocate is someone who can support you and speak up for you at any time.

If you would like an advocate, speak to the staff

There is an advocate at Alderley Unit who can come and talk to you.

Please ask if you would like a copy of this leaflet for someone else.



Adapted from Department of Health (2008) Mental Health Act 1983 information