

REMAND TO ALDERLEY UNIT FOR ASSESSMENT

(Section 35 of the Mental Health Act 1983)

Your name	
The person in charge of your treatment	
Date section 35 began	

Why am I in Alderley Unit?

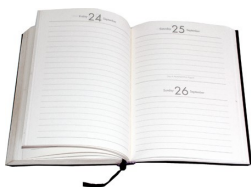


You are in Alderley Unit under section 35 of the Mental Health Act 1983.



It means that a doctor has told the court that they think that you have a mental disorder and that you need to be in Alderley Unit to have an assessment on your mental health.

How long will I be in Alderley Unit?



The court will say how long you need to be at Alderley Unit. This will be up to 28 days at first.

After 28 days the person in charge of your care will send a report to the court on your mental health.



The court can say you can leave Alderley Unit or they may want you to stay longer.

The court cannot ask you to stay longer than 12 weeks.



If you want to have any time off the unit the person in charge of your care must ask the court for permission.

If you leave the unit without this permission you will be brought back. You might also be arrested by a police officer and taken back to court.

What treatment will I be given?



The staff looking after you will talk to you about any treatment they think you need.

You can say no to any treatment that you do not want.

What if I want to leave Alderley Unit?



You can ask the court to send you to prison or on bail instead.



You can ask another doctor to write a report to say that you can leave Alderley Unit.

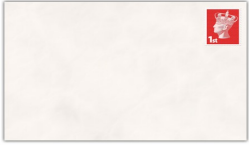


They will need to do an assessment of your mental health. You will have to pay for this assessment.



The court will read the reports and decide if you can leave Alderley Unit.

Your letters



You will get all letters sent to you.

You can send letters to other people unless they do not want a letter from you.

How do I complain?



We have a leaflet that tells you how to make a complaint.

Staff will give you a copy of the leaflet.

Further help and information

If there is anything you do not understand about your care or treatment a member of staff will try to help you.

You can also get help from a **mental health advocate**.

An advocate is someone who can support you and speak up for you at any time.



If you would like an advocate, speak to the staff.

There is an advocate at Alderley Unit who can come and talk to

Adapted from Department of Health (2008) Mental Health Act 1983 information leaflets.