

## ADMISSION TO ALDERLEY UNIT FOR TREATMENT

Your name	
The person in charge of your treatment	
Date section 3 began	

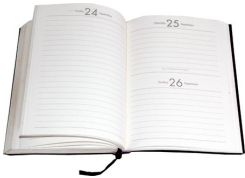
### Why am I in Alderley Unit?



You are in Alderley Unit under section 3 of the Mental Health Act 1983.

3 registered professionals think that you have a mental disorder and you need to be in Alderley Unit to get treatment and care.

### How long will I be in Alderley Unit?



The section 3 will be reviewed after 6 months, then after another 6 months and then every year.

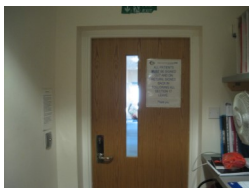
This is so that you can get the treatment you need.

If you want time off the ward you must ask the staff.

The staff must agree that you can have time off the ward.

This is called section 17 leave.

If you leave the ward and do not ask the staff you can be brought back.



### What happens next?



The person in charge of your care will tell you when they think you are well enough to leave Alderley Unit.

## What treatment will I be given?



The staff looking after you will talk to you about any treatment they think you need.

## What if I want to leave Alderley Unit?

You can ask the staff to help you write to the Hospital Managers at:

**Cheshire and Wirral Partnership NHS Trust**

**Mental Health Act Team**

**Redesmere**

**Countess of Chester Health Park**

**Liverpool Road**

**Chester**

**CH2 1BQ**



Your nearest relative can also write to the hospital managers to say that they want you to leave Alderley Unit.

You can ask the tribunal to say that you can leave Alderley Unit.

## What is the Tribunal?



The tribunal is an independent group of people.

They decide if you should be allowed to leave Alderley Unit.

They will have a meeting with you and staff from Alderley Unit.

If you want to apply to the Tribunal you can write to:

**The Tribunals Service**

**PO BOX 8793**

**5<sup>th</sup> Floor**

**Leicester**

**LE1 8BN**

**Tel: 0845 2232022**



You can ask a solicitor to write to the Tribunal for you and help you.  
The staff can give you the names of solicitors who can help you.

### Letting your nearest relative know



Your nearest relative will be informed that you are in Alderley Unit on a section 3.

### We have been told your nearest relative is

---

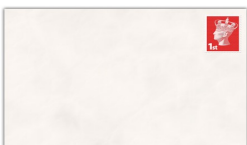
If you do not want this person to receive a copy of this leaflet, please tell your nurse or another member of staff.

### Changing your nearest relative



You may not want this person to be your nearest relative.  
You can ask the court to change your nearest relative.  
You can ask staff to help you.

### Your letters



You will get all letters sent to you.

### How do I complain?



We have a leaflet that tells you how to make a complaint.  
Staff will give you a copy of the leaflet.

## Further help and information

If there is anything you do not understand about your care or treatment a member of staff will try to help you.

You can also get help from a **mental health advocate**.

An advocate is someone who can support you and speak up for you at any time.

If you would like an advocate, speak to the staff.

There is an advocate at Alderley Unit who can come and talk to you.

Please ask if you would like a copy of this leaflet for someone else.



Adapted from Department of Health (2008) Mental Health Act 1983 information leaflets.