

You are an informal patient at **Eastway**



This leaflet tells you about being an informal patient

This leaflet is available in other languages or formats











For more information see www.cwp.nhs.uk. © CWP NHS FoundationTrust The information in this leaflet was valid at the date of production April 2022 and is due for review in April 2024 Leaflet code: E-YAAIPAE-13-560

What does being an informal patient mean?



You are in Eastway because you are unwell.

The staff at Eastway think they can help you to get better.

You are an informal patient.

This means you have agreed to come to Eastway for assessment and treatment.



What are my rights?

You can leave Eastway.

This can be for a few hours, overnight or you

might want to leave and not come back.

The doors at Eastway are locked but this is not to stop you leaving.



I have some questions?

Staff have helped you to read the leaflet about being an informal patient.

You might have some questions you want to ask the doctor at Eastway.

You can write your questions here to take to your meeting.



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What is a mental health assessment?

A mental health assessment tells staff if you are able to make the decision to leave Eastway.



If staff think that

- Making the decision to leave Eastway is difficult for you
- Making the decision to leave Eastway might cause harm to you or other people

Staff will need to act in your best interests. This means that staff would make the decision for you.

This means staff might stop you from leaving Eastway.

Staff would like you to talk to them

- If you want to leave Eastway
- If you change your mind about any of your treatment plans



What are my responsibilities?

We would like you to help us to plan your care at Eastway.





We would like you to take part in the activities at Eastway.



You and your family can talk to staff if you have any questions.

We would like you to tell us if you are worried about anything.



Being discharged from Eastway

Discharge is when you leave Eastway and do not plan to come back.



The doctor will discharge you when you have finished your treatment.

Or you can decide to leave Eastway and discharge yourself at anytime.

If you decide to leave before your treatment is finished you will need to sign a form called

Discharge against medical advice.





Staff from the community team might come and visit you at home.

We might need to talk to your family and carers so they can support you.



You might need to take some of your treatment plans home.

Plans about your medication or plans to help you to stay healthy and well.



Can anyone stop me leaving Eastway?

If staff are worried about you leaving they will talk to you. They will tell you what they are worried about.





The doctor and staff at Eastway can stop you leaving if they think you might harm yourself or other people.

If staff or the doctor do stop you leaving they will do a **mental health assessment.**

