

Information about Haloperidol

This is an easy way to say...Hal...lo...peri...doll



What is Haloperidol?



Haloperidol is a medication that will help if you have psychosis, schizophrenia or mania.

Haloperidol can sometimes be called a different name like **Serenace and Haldol**.

Haloperidol is usually taken as tablets capsules and liquid medication.

Where do I get Haloperidol?



You can only get this medication with a prescription.

The doctor or consultant

- Will ask you questions about your health
- May also check your blood pressure
- Will ask you if you are taking other medication



How do I take Haloperidol?



The doctor will talk to you about how much Haloperidol you need to take.

The doctor will tell you how to take your Haloperidol. You need to take Haloperidol for some time so that it works best.



You will usually take Haloperidol in the morning and in the evening. Sometimes you may also need to take Haloperidol at lunchtime.



If you forget to take your medication you must tell your carer and ask your doctor for advice.



You should not stop taking your medication suddenly as this could make you feel unwell.



What is good about Haloperidol?



Haloperidol can help reduce psychosis, schizophrenia and mania.

Haloperidol can help you get better quicker.



Haloperidol can help you stop wanting to hurt yourself or others.

Haloperidol also helps you to calm down when you are very angry or tense.



What is not good about Haloperidol?



There are some health problems that people can get when they take Haloperidol.



These problems are called **side effects** but not everyone gets them.

- Feeling tired
- Constipation
- Headache
- Feel thirsty
- Feel hungry and putting on weight



You should eat a healthy diet and drink more water or fruit juice.

Usually these side effects go away after a few weeks



You will need to speak to your doctor if you

- Have a rash on your skin
- Feel your hands shake
- Feel stiff and restless
- Problems with your breasts
- Feel unwell

What other things do I need to talk to the doctor about?



You should talk to your doctor if

- You are worried about your medication.
- You want to know how much alcohol is safe to drink when taking medication.
- You are planning to have a baby.

The information in this easy read leaflet should always be discussed with the service user and it should not be provided without support.

The full information sheet about Haloperidol medication should also be given to the service user, carers and staff.

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