

Information about Fluoxetine

This is an easy way to say...Flew...ox...a...teen

What is Fluoxetine?



Fluoxetine is a medication that will help if you have depression.

It is also used to help people with obsessive compulsive disorder.

Fluoxetine can sometimes be called a different name like **Prozac**.

Fluoxetine can be taken as tablets or liquid medicine.

Where do I get Fluoxetine?



You can only get this medication with a prescription.

The doctor or consultant

- Will ask you questions about your health
- May also check your blood pressure
- Will ask you if you are taking other medication

How do I take Fluoxetine?



The doctor will talk to you about how much Fluoxetine you need to take.

The doctor will tell you how to take your Fluoxetine. You need to take Fluoxetine for some time so that it works best.



You will usually take Fluoxetine in the morning.



If you forget to take your medication you should tell your carer and ask your doctor for advice.



You should not stop taking your medication suddenly as this could make you feel unwell.



What is good about Fluoxetine?



Fluoxetine can help reduce depression and obsessive compulsive disorder.

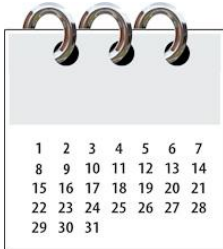
Fluoxetine can help you get better quicker.

Fluoxetine can help stop you feeling low and fed up.

Fluoxetine also helps you to stop feeling very angry or tense.



What is not good about Fluoxetine?



There are some health problems that people can get when they take Fluoxetine.

These problems are called **side effects** but not everyone gets them.

- Problems sleeping
- Feeling sick
- Have the runs
- Headache
- Feel thirsty
- Anxious and restless but this will get better in a few days.

You should eat a healthy diet and drink more water or fruit juice.

Usually these side effects go away after a few weeks.

You will need to speak to your doctor if you

- Have a rash on your skin
- Lose interest in sex
- Not feel like eating
- Lose weight
- Feel unwell

What other things do I need to talk to the doctor about?



You should talk to your doctor if

- You are worried about your medication.
- You want to know how much alcohol is safe to drink when taking medication.
- You are planning to have a baby.



The information in this easy read leaflet should always be discussed with the service user and it should not be provided without support.

The full information sheet about Fluoxetine medication should also be given to the service user, carers and staff.

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