

Information about Clozapine

This is an easy way to say...Cloz...a..peen



What is Clozapine?



Clozapine is a medication that will help if you have schizophrenia or psychosis.

Clozapine can sometimes be called different names like

Denzapine

Clozaril or Zaponex.

Clozaril and Zaponex are taken as tablets.

Denzapine can be taken as tablets or liquid medicine.

Where do I get Clozapine?



You can only get this medication with a prescription.

The doctor or consultant

- Will ask you questions about your health
- May also check your blood pressure
- May check your weight
- Will ask you if you are taking other medication
- Will tell you when you must have blood tests
- Will tell you when you need to have an electrocardiograph



An electrocardiograph is a test to check your heart

How do I take Clozapine?



The doctor will talk to you about how much Clozapine you need to take.

The doctor will tell you how to take your Clozapine.

You need to take Clozapine for some time so that it works best.



You will usually take Clozapine in the morning and in the evening.

Sometimes you may only need to take Clozapine once a day.



If you forget to take your medication you must tell your carer and ask your doctor for advice.



You should not stop taking your medication suddenly as this could make you feel unwell.



What is good about Clozapine?



Clozapine can help you if you have schizophrenia or psychosis.

Clozapine can help you get better quicker.



Clozapine also helps you to stop feeling very angry or tense.



What is not good about Clozapine?



There are some health problems that people can get when they take Clozapine.

These problems are called side effects but not everyone gets them.

- Feeling very tired
- Have constipation
- Feel dizzy
- Feel hungry and put on weight
- You may dribble

You should eat a healthy diet and drink more water and fruit juice.

You will need to speak to your doctor if you

- Have a rash on your skin
- Feel your heart going faster
- Bruise or bleed easily
- Dribble from your mouth
- Have seizures
- Have a sore throat
- Get a high temperature
- Feel unwell

What other things do I need to talk to the doctor about?



You should talk to your doctor if

- You are worried about your medication
- You are planning to have a baby
- You start smoking
- You stop smoking
- You want to know how much alcohol is safe to drink when taking medication

The information in this easy read leaflet should always be discussed with the service user and should not be provided without support.

The full information sheet about Clozapine medication should also be given to the service user, carers and staff.

© CWP NHS Foundation Trust

Leaflet code: E-IAC-11-415

The information in this leaflet was valid at the date of production
February 2015 and is due for review in **February 2018**