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如果您需要翻译服务或者需要该文件的其它版本，录音磁带，盲文或大字体，请和CWP的一位员工提出，[或者发电邮至 cwp.info@nhs.net](mailto:cwp.info@nhs.net)

यदि आपको अनुवाद सेवाएँ, या इस दस्तावेज़ की प्रति किसी अन्य भाषा, ऑडियो टेप, ब्रैल या बड़े अक्षरों में चाहिए, तो कृपया CPW स्टाफ के सदस्य से बात करें या cwp.info@nhs.net पर ईमेल करें

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Your CWP Advance Statement

“What I would like to happen if I become unwell”

- What it is
- What it covers
- Who it should be shared with

Helping people to be
the best they can be

What is an Advance Statement?

An Advance Statement is a written statement that sets down preferences, wishes, beliefs and values regarding your future care.

Your CWP Advance Statement should summarise your wishes in three main areas:

- Part 1 - your care and treatment
- Part 2 - your domestic arrangements
- Part 3 - who these wishes should be shared with.

Part 1 - Your Care and Treatment

This section should be based on your views on what has worked well for you and what has not worked well for you previously.

What has worked well for you should usually already be agreed in your Care Plan, your Recovery Plan or your Crisis Response Plan.

This means that your Advance Statement can then **focus on what has not worked well** for you previously and so **minimise the chance of it happening again**.

Although the Mental Health Act overrides an Advance Statement, the mental health professionals involved in your care will still be obliged to take it seriously and use it as a guide to your care and treatment within the resources available.

Part 2 - Your Domestic Arrangements

If you become unwell in the future and have to be admitted to hospital, it is helpful to have thought about it and made arrangements in advance so it can make things clear to your family, friends or people involved in your care.

In particular, this includes who will look after:

- Your family and children
- Your domestic pets
- Your housing arrangements
- Paying your bills.

Part 3 - Sharing Your Information

Your Advance Statement has real value when it is shared with the people providing your care and support. Professionals have a duty to keep this information confidential and can only share it with those people you have given specific permission to receive it.

Your Advance Statement is your way of ensuring who you do and don't wish to be informed about your progress, needs and treatment.

Please note that **without this permission, which you can change at an time, those closest to may not be able to help you when you most need it**. This adds greatly to stress to all involved in your care and support.

My CWP Advance Statement

Part 1 – My care and treatment

List things; for example things you may wish to avoid; things you want to happen, you can include anything you like, including – how you want to be cared for if you become physically unwell

Part 2 – My domestic arrangements

List those people who you would like to be responsible for your domestic arrangements, children, pets, paying bills etc..

Part 3 – Sharing my information

List the people this should be shared with (for example – my mother, brother and also list anyone that you specifically do not want it sharing with, for example – do not share with my uncle

Signed.....

Date.....